



**Nancy Scooter McMoneagle**,  
New President of The Monroe Institute  
and her husband **Joe McMoneagle**  
one of the world's foremost Remote Viewers  
and a trainer in remote viewing at  
The Monroe Institute.

*See stories on both pages 16 - 17 and page 8.*

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# Nancy "Scooter" McMoneagle



"I want The Monroe Institute to continue to be a world leader in consciousness exploration and education, and, as Bob Monroe envisioned with this work, to bring something of value to contemporary culture," said Nancy "Scooter" McMoneagle, the recently appointed executive director and president of The Monroe Institute (TMI), a non-profit organization in Faber (Nelson County), Virginia.

"In our courses at TMI, we teach people how to access, understand and use expanded states of consciousness which enables them to enhance their lives and to get a much deeper understanding of themselves. Our main focus is giving people the tools they need to help accelerate their personal development and to get a fuller, much greater overview of their lives, both philosophically and practically speaking."

Nancy explained that many people have been attracted to TMI because of Robert Monroe's books about his out-of-body experiences, and though there's no guarantee to anyone that they will have an OBE, the Institute does provide techniques and tools people can use to achieve that state. In fact, TMI has one program dedicated to learning the techniques for achieving the out-of-body experience called the 'OBE Intensive' which is taught by William Buhlman. They also offer sixteen other programs, including a Remote Viewing Practicum taught by her husband, Joe McMoneagle (see the accompanying article on the opposite page).

The teachings of TMI's various courses guide people to experience a variety of altered states of consciousness, some of which have led to exceptional human experiences (EHEs) and peak experiences. According to Nancy, "Though the out-of-body state is enticing to a number of people, most of the emphasis in our programs is to explore expanded states of

awareness, different ways of perception, which give us access to other kinds of information that aren't typically available to us in our normal, waking state of consciousness. This can then yield new ways of thinking and understanding ourselves and our world, giving us a much greater overview of our lives, why we're here, what our purpose is. We can then use that greater understanding to accelerate our personal development, making a positive impact on our own lives and on others whose lives we touch. We do not have any religious or other dogma, but we do ask the people who come to our programs to consider one thing as a possibility: That we are more than our physical body."

Spontaneous out-of-body experiences began for Robert Monroe, Nancy's stepfather, towards the end of the fifties and took some getting used to. During that time, Monroe experimented with the impact of sound on sleep-learning, starting with his daughters, Maria and Laurie (following Monroe's death in 1995, Laurie became President of TMI, and was head of the organization until her passing in 2006). But the ever-entrepreneurial Monroe figured that beyond sleep learning, certain sounds could also induce these strange experiences, now known as OBEs. The sound combinations he used later evolved into an audio guidance technology known as Hemi-Sync™. He began experimenting on some friends and family and became so successful with guiding people into other states of consciousness with his sound techniques, he was invited in 1973 to present a workshop at Esalen in California, which was to be the first of his consciousness training programs which continue today.

This is Nancy McMoneagle's second stint as Director and President of The Monroe Institute, having also fulfilled that role from 1983-1991, before she resigned her position to go work with her husband in their company, Intuitive Intelligence Applications. McMoneagle originally had an insider's introduction to unusual experiences because when she was a young teenager, Robert Monroe (Bob) had put a reel-to-reel tape player by her bed which played a tape of various relaxing sounds with his recorded verbal guidance, which she listened to when she went to sleep each night. Bob's guidance on the tape, which was intermittent and heralded by the sound of a bell, Nancy remembers to this day, as it was like a personal mantra: "I choose to know and understand myself to the extent that I can exercise complete control of myself." Heady stuff for a 15-year old!

Bob Monroe got to know young Nancy ("Scooter") because he and Scooter's

mother, Nancy Penn, were working on a book together. For her 15<sup>th</sup> birthday present, Bob regressed Scooter through the various earlier stages of her life to the womb where she discovered she had almost died in the birth process. Her mother later confirmed it. Then he counted her into an even deeper state, where she had her first free-floating peak experience, which made a huge impact on her at the time. She says that the positive effects and wonderment she got from that experience still continue to this day...and are also why she loves the work at TMI in the consciousness arena.

Years later, after Bob had married Nancy Penn, he co-opted Scooter and about a dozen other friends and family members (including her mother, who, with Bob, was the co-founder of the Institute) into being subjects of his experiments with the effects of sound on human consciousness. Bob used isolation booths similar to a Faraday Cage to minimize electronic and other interference during the sessions, and initially all of the experiments were monitored by him.

At about this time Scooter was also a student at Wittenberg University in Ohio studying Eastern religions, French and Japanese, and spent a summer in Japan in 1973 where she tried to embrace Zen Buddhism. "It was tough quieting my mind and incredibly uncomfortable sitting in meditation for eight hours a day with very few breaks" she said, "but I really wanted to reach 'enlightenment,' to have another experience like I had had at age 15. Unfortunately, I wasn't successful. But I found by using Bob's audio tapes and guidance, I was able to get into amazingly deep states, which, though not exactly attaining a peak experience, were quite extraordinary, and helped calm my mind more quickly than taking an Eastern meditative approach."

Upon her graduation from Wittenberg University in Ohio in 1974, Scooter started her career with Monroe by answering his fan mail for his book, *Journey's Out of the Body* (Doubleday, 1971), and she proceeded to wear every hat at the Institute, including being one of the first program trainers. She also helped Bob in the design of the early workshops, and conducted programs around the country, teaching various groups of people how to obtain and utilize expanded states of consciousness using Bob's audio technology.

The focus of Bob Monroe's experiments quickly evolved into broader approaches to consciousness with his patenting of "Frequency Following Response" and his adoption of the binaural beat technology, which developed into an audio guidance system he called Hemi-Sync™, short for hemispheric synchronization, which he



# Joe McMoneagle



This is where science falls short. It cannot yet explain how Joe McMoneagle or any other successful remote viewer manages to do remote viewing within the proper remote viewing protocol. Remote viewing, or RV as it is called, is defined as 'someone mentally collecting information on a specifically targeted place or object to which they are totally blind and have no connection with.' Even more ironic, McMoneagle is now being asked to probe questions of a scientific nature, such as; "Look deep inside an electron and describe what you see?" "Describe a wave function." He addresses and answers these questions, questions which are sealed within a double opaque envelope (See side bar). While not a physicist himself, McMoneagle came to answering the questions with an accuracy of 70% to 80%. For years I have been curious as to why scientists have not employed McMoneagle to help them with their own investigations. One would think he could give them a jump on their peers.

A future remote viewing experiment currently planned, will be to isolate a subatomic particle, fix its spin, then to ask Joe (and others) to reverse the spin. Other gifted psychics will also be involved with this European experimental effort. If they are able to accomplish this, it will give credence to the thought that subatomic particles have some kind of consciousness and intelligence. He suggests that the subatomic particle may have to agree first in order for the spin to change. McMoneagle is of the opinion that everything in reality is an extension of consciousness. He believes we are living in a feedback world in which the feedback is coming from all time past and all time future. He suggests that in the future we will learn to ignore the need for time since it is an illusion anyway and we'll learn to access what we need when we need it.

According to Joe, remote viewing is like any other sensory ability. We see the deer in the woods because it moves; we hear because of changes in frequency; we perceive information during a remote viewing because of differences in informational entropy.

For a remote viewing project involving the future see the sidebar.

Joe McMoneagle met Scooter, the daughter of Robert Monroe's last wife, Nancy Penn while visiting The Monroe Institute. Scooter was once his trainer as well as secretary, aide and assistant, to Robert Monroe. Joe underwent training at TMI at the request of the army while participating in Project Stargate, the Army's 20-year RV Program. The training enabled him to control his spontaneous out-of-body experiences he had been having since his Near Death Experience (NDE) in 1970. It also helped him to relax and sharpened his abilities in remote viewing. Now McMoneagle himself facilitates the remote viewing program at TMI which teaches participants how to remote view, although not always successfully. The course is very popular.

According to Joe, remote viewing is like any other sensory ability. We see the deer in the woods because it moves; we hear because of changes in frequency; we perceive information during a remote viewing because of differences in informational entropy. Joe McMoneagle's abilities are not limited to present time. For example he was once given sets of geographic coordinates for a location in a sealed opaque envelope and was able to describe structures at the locations, but no beings other than their shadows. These beings were much bigger than humans and although humanoid looking, they wore strange clothing and warned of a calamity that destroyed their atmosphere. When he opened the envelope, he discovered that he had been asked to remote view locations on Mars in one million BC." You would think Paleontologists would be attracted to him and they would use his abilities to explain events in the distant past. Why should they worry about how it was done if the evidence was consistent with they already knew.

One might think that with satellites security agencies would not need the abilities of Joe McMoneagle. He explained that satellites can only see surface detail while his observations include underground targets as well as those above ground. Knowing his above ground accuracy gives them a clue as to his accuracy for what is underground. A major problem for the security agencies is that politicians and conservative agency heads cannot grasp something that cannot be explained. What would they say to their fundamentalist constituents about remote

viewing? So for all intents and purposes it appears the government, especially the CIA, has dropped such programs after 20 years of activity; but what if the Chinese and the Russians are still doing it (and they almost certainly are); and what about terrorists? Nothing prevents them from pursuing RV.

In the early stages of remote viewing the viewers were tested for accuracy by randomly selecting US targets. McMoneagle says there now exists more than 32-years of scientifically validated studies behind the process, these studies are all double-blind and replicated within a number of labs with different subjects and scientists across the world.

One of McMoneagle's most interesting remote viewing projects involved a large factory in Northern Russia. The National Security Agency asked him to look into this factory located near but some physical distance from the Arctic Ocean. They thought it might be a tank factory. Joe was targeted with a small fragment of a picture of the factory roof sealed within an envelope. Joe mentally entered the factory and found two huge tubes being welded together. This and other portions of his drawings suggested a very large submarine was under construction with numerous improvements to Soviet technology. Some at the agency laughed at this information, stating the obvious, it can't be a submarine since the building isn't connected to the ocean. Robert Gates wrote on Joe's report "Total fantasy!" Joe immediately scribbled "It will launch in 114 days" on Gate's reply. One hundred and twelve days later overhead surveillance recorded that a channel had been cut through to the ocean and the new Typhoon Class submarine was floating in the harbor. There's been no word from Gates.

When he retired from the military as a Chief Warrant Officer, McMoneagle was awarded the Legion of Merit. This is the highest peacetime decoration offered by the army. (*In peacetime, service it reads that this should be in the nature of a special requirement or of an extremely difficult duty performed in an unprecedented and clearly exceptional manner*).

I believe, Joe McMoneagle will be a strong asset and presence for TMI and will contribute considerably to his wife Scooter as the new TMI administrator, just as he has for many leaders and others over many years.



## THE MONROE INSTITUTE

### 6-DAY RESIDENTIAL PROGRAMS

**Gateway Voyager:** Tools that enable self-discovery, the exploration of human consciousness and the expansion of awareness. The TMI basic program.

**Conscious Presence:** Empowers a fulfilling life, feeling more centered and relaxed.

**Exploration 25:** Pioneering innovative investigations into psychical, metaphysical issues.

**Exploring Energy:** Focusing awareness, energy control exercises, the loving heart and Heart-Sense experiences.

**Facilitative Training Program:** to train TMI program facilitators to offer local weekend programs.

**Guidelines:** Gain greater awareness to communicating with your own guidance or guides.

**Heartline:** Helps self-exploration of internal landscapes for greater trust, acceptance, balance and harmony.

**Lifeline:** Learn to contact those who have passed on and who need assistance in moving forward.

**Lucid Dreaming:** Techniques to gain lucidity for self-awareness and problem solving creatively.

**MC2 (Monty Martin and Creativity Squared):** Learn Psychokinesis (PK) principles for energy healing and influencing form-space events energetically.

**New Year's Program:** Review past year on physical, emotional and spiritual levels. Then celebrate and pattern for the next year on the best yet.

**Out-of-Body Exploration:** Preparation, methods and methods to induce OOB experiences.

**Remote Viewing:** Approaches to immediate confirmation of information received from higher self, guides or Universal consciousness. Facilitator: gifted remote viewer Joe McMonagle.

**Starlines 1:** Explore energy in 3D + 4D and beyond in high focus levels 34-35, 42 & 49.

**Starlines 2:** A blend of physics and metaphysics. Dimensional shifting at focus levels 49 and above.

**Timeline:** learn about self in other times to gain insight into more possibilities now.

### WEEKEND WORKSHOPS

**Meditation Retreat:** Deepen meditation and learn more about spiritual awakening with Peter Russell.

**Dowsing:** Self-Empowerment Seminar. Dowsing can be used for all kinds of things to enhance our lives. Overcome fears, attract prosperity.

## Looking into Higher Dimensions:

*Research with Joseph McMoneagle, Ronald Bryant,  
Department of Physics, Texas A&M University*

Joe McMoneagle's wife, Scooter, instructed me in how to put questions to Joe. "You don't just ask him the question right out. Instead you write your question on a piece of paper, put the paper in an envelope, and seal the envelope. On the

outside of the envelope you write just enough to identify the question. Joe answers your question in due time without ever opening the envelope."

"How will he know what I asked?" I inquired. Later Joe himself explained. He

uses his inner senses to go to the space-time point where I posed the question, and reads my intent. He says that he gets the question right about 70% to 80% of the time. "People have a hard time believing that I can do this", he said, but in our research that followed, he indeed got the question right about 70% to 80% of the time.

"Why can't I just ask you the question straight out?" I queried. "Wouldn't that

be a lot simpler?" He explained with an example. A few years ago, the U. S. military was interested in an up-coming Chinese nuclear test shot. His military interrogators put the latitude and longitude of the test-site on a slip of paper, sealed the question in an envelope and just wrote on the outside, "This is a test". Joe took up the question and in time reported that he saw a chemical explosion; that was all. This disappointed his questioners because they thought that he had not given them any useful information. However a few weeks later, the Chinese carried out the test and indeed it was a dud. The nuclear material never detonated. Only the chemical explosive went off. Joe said that if he had been asked outright to describe an upcoming nuclear test shot (this is called front-loading), he probably would have told them everything he had ever learned about nuclear tests. Instead, just using his inner senses, he went forward in time and reported what he saw. Just the chemical explosion.

I thought of three questions and put them in sealed envelopes.

My first question was, "Look deep inside an electron. What do you see?"

For my second question, I drew on the fact that Joe had told me at the Baha Bunn that he could see active phenomena more easily than passive phenomena.

Therefore I put a small harmless radioactive sample in envelope #2 and asked him to tell me what it was.

With my third question, I really tested his abstract ability. I asked him to "describe a wavefunction". He answered the question with between 70 & 80% accuracy.

*See original article in "Looking into higher dimensions: research with Joseph McMoneagle", Australian Journal of Parapsychology 8 (2000) 58-68.*